

Physician

Specialties:
Breast Surgery
Breast Surgical
Oncology

Board Certifications: General Surgery

Texas Breast
Specialists-New
Braunfels
1448 E. Common Street
New Braunfels, TX 78130
T: 830-643-1762

Texas Breast Specialists-San Antonio Northeast 2130 NE Loop 410, Suite 100 San Antonio, TX 78217 T: 210-656-7177

Metro Area: San Antonio Spoken Language: English

General Summary

Rachel E. Kaczynski, D.O., FACOS, FSSO, recently finished her fellowship in breast surgical oncology and has a passion for caring for patients with breast cancer and those who are at high risk for developing breast cancer. She also practices surgical procedures for benign breast disease, oncoplastic procedures to improve cosmesis and minimize post-surgical scarring and has an interest in outreach and breast cancer prevention for high-risk populations. She is a former U.S. Air Force flight surgeon who grew up in North Texas, is a proud Texas Longhorn, and is excited to return to her home state with her family.

Education

- Fellowship in Breast Surgical Oncology
 Cleveland Clinic Akron General, Akron,
- Residency in General Surgery
 St. John's Episcopal Hospital, Far
 Rockaway, NY
- Internship
 St. John's Episcopal Hospital, Far Rockaway, NY
- Medical Doctorate
 Touro University California, Vallejo, CA

Medical Practice

- Davis Monthan-Tucson Air Force Base, Flight Surgeon, Tucson, AZ (2012 – 2016)
- 379th Expeditionary Operations Wing Flight Medicine Clinic, Flight Medicine Officer in Charge, Doha, Qatar (October 2013 – February 2014)

Office & Outpatient

- Abscess Drainage
- Aspiration and Incision of Breast Abscesses
- Breast Sonography and Ultrasound
- Cyst Aspiration
- Lymphedema Screening and Prevention Program
- Mediport Removal
- Skin Biopsies
- Steroid Injection for Treatment of Idiopathic Granulomatous Mastitis
- Trigger Point Injections for Post-Mastectomy Pain Syndrome and Chronic Pain
- Needle Biopsy of Breast Lesions US Guided

Surgical Procedures

- Aesthetic Flat Closure
- Axillary Lymph Node Dissection
- Excision of Chest Wall Tumors
- Excisional Breast Biopsy
- Hidden Scar Surgery
- Level 1 and 2 Oncoplastic Surgical Techniques including Symmetry Procedures
- Lumpectomy Partial Mastectomy Quadrantectomy
- Male Gynecomastia Intervention
- Mastectomy
- Mediport Placement
- Nipple Duct Excision
- Nipple Sparing Mastectomy
- Oncoplastic Tissue Rearrangement
- Radical Excision of Metastatic Lesions
- Reconstructive Surgery
- Sentinel Lymph Node Biopsy
- Skin Sparing Mastectomy

Accolades

- Achievement Medal & First Oak Leaf Cluster, United States Air Force
- Air Medal, United States Air Force
- Expeditionary Medical and Dental



Accolades

Operations Squadron (EMDOS)
Company Grade Officer of the Month,
United States Air Force (Jan 2014)

- Expeditionary Service Ribbon with Gold Border, United States Air Force
- Global War on Terrorism
 Expeditionary Medal, United States Air
 Force
- Global War on Terrorism Service Medal, United States Air Force
- National Defense Service Medal, United States Air Force
- Outstanding Unit Award Ribbon, United States Air Force
- Outstanding Women in Medicine by the Scene in San Antonio Magazine (2024)
- Superior Performer, Angel Thunder, United States Air Force
- Training Ribbon, United States Air Force

Memberships

- American College of Surgeons
- American College of Osteopathic Surgeons
- American Medical Association
- American Osteopathic Association
- Society of Surgical Oncology
- The American Society of Breast Surgeons

Breast Cancer Surgery Certificate

Society of Surgical Oncology

