



Physician

Specialties:

**Radiation Oncology
Low-Dose Radiation
Therapy**

Board Certifications:

Endocrinology
Radiation Oncology

**Texas Oncology-
Mesquite**

4700 N. Galloway Ave.
Mesquite, TX 75150
T: 972-686-6411

**Texas Oncology-
Rockwall**

3144 Horizon Road, Suite
110
Rockwall, TX 75032
T: 972-771-3322

Metro Area: Dallas

Spoken Languages:
English, Italian

Education

- **Fellowship in Radiation Oncology (1992)**
University of Virginia, Charlottesville, VA
- **Residency in Radiation Oncology (1991)**
Mayo Clinic, Rochester, MN
- **Residency in Internal Medicine (1986)**
Mayo Graduate School of Medicine, Rochester, MN
- **Residency in Endocrinology (1983)**
University of Rome, Internal Med-Endocrine Section, the Internal Medical Department, and the Thyroid Pathophysiology Center
- **Internship in Internal Medicine (1985)**
Thomas Jefferson Hospital, Philadelphia, PA
- **Medical Doctorate (1980)**
University of Rome, School of Medicine (with Honors)

Other Information

When not working, Dr. Caruso spends time skiing and hiking out of her home at 10,000 feet in Keystone, Colorado. She and her husband own and operate a farm in Tobia, Viterbo, Lazio, 40 miles north of her hometown of Rome, Italy. In Tobia they produce olive oil derived from their olive orchards and organically farm vegetables, fruits, nuts and herbs in an ancient and picturesque setting of 2500 year old Etruscan-carved caves and tunnels. Dr Caruso and her husband have two children. Their daughter, Elisa, manages a wine and olive oil importing business, Volio Imports, based in Denver, Colorado and focuses on creating authentic Italian cultural experiences. Their son, Alessandro, leads mergers and acquisitions for Press Ganey, the largest patient experience company in the world, based in Boston, Massachusetts.

Why a patient should choose treatment at your practice?

I was fortunate to train at the Mayo Clinic in Rochester, Minnesota, which has perennially been ranked as the nation's best hospital in the U.S News and World Report's "Best Hospital" rankings and is generally regarded as the leading medical center in the world. Following my training at Mayo Clinic, I was a medical school faculty member at one of the

Accolades & Memberships

- American Society for Therapeutic Radiation & Oncology
- European Society for Therapeutic Radiation & Oncology
- American Endocurietherapy Society
- American Association for Women Radiologists

Community Service

Dr. Caruso is an endowment funder of 29 Acres, a safe and dynamic supported living community where adults with autism live and are supported, enabling them to build relationships, feel value, success and happiness in their lives. Dr. Caruso and her husband, Dr. David Ballard, a Mayo Clinic-trained internist, are endowment funders of the oldest student-run health care safety net in the United States, the University of North Carolina (UNC) Student Health Action Coalition Clinic, which David directed in 1980 as a UNC medical student.

Why did you become a doctor?

I decided to become a physician to care for patients and decided to dedicate my life to caring for cancer patients after my mother developed breast cancer in 1985, while I was training in internal medicine at the Mayo Clinic.

**Why a patient should choose treatment
at your practice?**

leading medical schools in the United States
and have been a Texas Oncology radiation
oncologist for 21 years where I practice with
outstanding partners and staff at Texas
Oncology.

**What is your personal philosophy
around patient care?**

I seek to meet each patient's needs through
exceptional collaborative patient-centered
care.